DOCUMENT RESUME

ED 132 794 EC 092 363

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|---|---|
| TITLE | Berkeley Outreach Recreation Program. |
| INSTITUTION | Iowa Univ., Iowa City. Recreation Education Program. |
| SPONS AGENCY | Bureau of Education for the Handicapped (DHEW/OE), Washington, D.C. |
| PUB DATE | [76] |
| NOTE | 28p.; A project of the National Institute on New Models for Community Based Recreation Programs and Services for Handicapped Children and Youth (Berkeley, California); For related information, see EC 092 362-372 |
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| DESCRIPTORS | Activities; Budgets; *Community Programs; Demonstration Projects; Exceptional Child Services; Financial Support; Leisure Time; *Normalization (Handicapped); Objectives; Personnel; *Physically Handicapped; *Program Descriptions; Recreational Facilities; *Recreational Programs; Rehabilitation; Surveys |
| IDENTIFIERS | *Berkeley Outreach Recreation Program; California (Berkeley) |

ABSTRACT

Presented are duplications of the responses given by the Berkeley Outreach Recreation Program (California) as part of a project to collect, share, and compile information about, and techniques in the operation of 18 community action models for recreation services to the disabled. Model programs are categorized as consumer, client competency, recreation and leisure services, parks and recreation, rehabilitation, and voluntary health agency models. Reported are program services in the following areas: the population served (all physically handicapped persons in the Bay area); primary activities (swimming and gymnastics, cooking, dance, trips and overnights, and wheelchair track and field); primary facilities used (high school pool, university gymnasium and various recreation center and library meeting rooms); staffing (two program coordinators, a lifeguard, two drivers, a swim specialist, an attendant supervisor, a bookkeeper, and two athletic trainers); total budget ($25,550) and primary sources of support (grants from the City of Berkeley); and values and goals achieved through the program (providing the physically disabled with opportunities to become involved in innovative and active recreational programs and overcoming basic barriers in public transportation, attendance care, and activities). A copy of the completed survey form is also provided. (SBH)

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Model: Berkeley Outreach Recreation Program

1742 Spruce Street #101

Berkeley, California 94709

415-841-4776 ext. 34

Susan Sygall, Program Coordinator

Diane Schechter, Program Coordinator

Community Population Size: 108,500

| New Models for Community Based Recreation for Handicapped Children and Youth | | |
|---|---|---|
| The Project | The Sponsor | The Implementor |
| National Institute on New Models for Community Based Recreation Programs and Services for Handicapped Children and Youth | Bureau of Education for the Handicapped, Office of Education, U. S. Department of Health, Education and Welfare | John A. Nesbitt, Project Director, Recreation Education Program, The University of Iowa, Iowa City, Iowa 52242 (tel. 319/353-4989) |

FC092363

**The University of Iowa**
Iowa City, Iowa 52242

Recreation Education Program

(319) 353-4989

1847

Dear Colleague:

The project, "National Institute on Models for Community Based Recreation for Handicapped Children and Youth," is entering its second year. During the first year, a survey and identificaion of existing programs was undertaken, as well as the convening of the National Institute at the University of Iowa.

The National Institute, held July 7-9, endeavored to collect, share, and compile information about, and techniques in, the operation of the most feasible and effective methods of community action models for recreation service to the disabled.

As an outgrowth of thes- efforts, training materials are being developed and plans are being made for the replication of the National Institute in all regions of the United States.

A number of successful models were identified and have transmitted data to the project staff with permission for us to distribute the information.

Enclosed are duplications of the responses from eighteen of the identified models. Additional training materials will be distributed based upon completion of response forms.

Sincerely,

John A. Nesbitt, Project Director

Kenneth J. Zucker, Research Assistant

## CONSUMER MODELS

National Wheelchair
Basketball Association
University of Kentucky
Lexington, Kentucky
Stan Labanowich

Berkeley Outreach
Recreation Program
Berkeley, California
Susan Sygall and
Diane Schecter

## CLIENT COMPETENCY MODEL

Avocational Counseling Project
Milwaukee Public Schools
Division of Recreation and Adult Education
Milwaukee, Wisconsin
Robert P. Overs

## RECREATION AND LEISURE SERVICE MODELS

Recreation Center for the Handicapped
San Francisco, California
Janet Pomeroy

Recreation Services for the
Handicapped, Inc.
Memphis, Tennessee
Paul Regan

## PARKS AND RECREATION MODELS

Maine-Niles Association of
Special Recreation
Skokie, Illinois
Barbara Steinfeld

Leisure Center
City of Portland
Portland, Maine
Karen Boulos and
Beth Barney

Program for Special
Populations
City of Wilmington
Wilmington, North Carolina
Ellen Lilyquist

Rehabilitation Unit
County of Los Angeles
Los Angeles, California
Rochelle Swanson

ANCHOR
Town of Hempstead
Hempstead, New York
Douglas Baylis

Recreation Programs for the
Handicapped
City of Miami
Miami, Florida
Max Forman

Recreational Services for
the Handicapped
City of Baltimore
Baltimore, Maryland
Doris Samuels

Special Services Programs
King County
Seattle, Washington
Christopher Eubanks

## REHABILITATION MODELS

Coordinated Approach to
Community Recreation
Temple University
Philadelphia, Pennsylvania
Viki Annand

Leisure Services
State Technical Institute
and Rehabilitation Center
Plainwell, Michigan
Carol Peterson

## VOLUNTARY HEALTH AGENCY MODELS

Westchester Lighthouse
New York Association for the Blind
White Plains, New York
Chester T. Williams

Socio-Recreative Programs
for the CP and/or Multiply
Handicapped
United Cerebral Palsy
Hartford, Connecticut
Craig Huber

I. Program Overview

The respondent reports their service in the following areas:

- Who served, how many people served and the geographic or political area served
- Primary activities provided
- Primary facilities used
- Staffing (number and titles)
- Total budget and primary sources of support
- Values and goals achieved through your program

Who served, how many and geographic area: The programs offered by the Berkeley Outreach Recreation Program is open to all physically disabled persons in the Bay area. The main geographical areas that are served are Berkeley, El Cerritto and Oakland. (The last two being the locations of the two orthopedically handicapped schools.) Approximately 200 persons a week are served among the two projects.

Primary activities provided: The Community Based Program offers swimming, twice a week, gymnastics weekly and other programs in four to six week sessions (cooking, self-defense, archery, yoga, dance, etc.). Trips and overnights are taken monthly. Wheelchair track and field is the major emphasis on the program based at the two schools for the orthopedically handicapped. Attendant care is provided for all participants and transportation is provided for those living in Berkeley.

Primary facilities used: The Berkeley Outreach Recreation Program uses available community facilities which include the high school pool, the university gymnasium and various recreation center and library meeting rooms.

Staffing (number and titles): On staff there is one full time program coordinator and one part time program coordinator. All other positions are part time, Swim Specialist (1); Attendant Supervisor (1); Lifeguard (1); Drivers (2); Bookkeeper (1); Athletic Trainers (2).

Total budget and primary sources of support: Our total budget is $25,550. This is a result of two grants from the City of Berkeley. $17,000 is from the General Fund for the Community Based Project. $8,550 is for the School Based Program and is from the Community Action Agency.

Values and goals achieved through the program: The general goals of BORP is to provide the opportunity to physically disabled persons to become involved in innovative and active recreational programs. We are working to overcome basic barriers which prevent the disabled from enjoying recreational activities. These include a lack of accessible public transportation, accessible activities, attendant care and extra assistance during programs.

II. Number of Handicapped Served

General Category: The model respondent indicated the scope of disabilities served and their numbers, when available.

| Part A | 0-2 Infant | 2-4 Pre-school | 6-12 Elementary Age | 13-15 Junior High | 16-19 High School | 20-30 Young Adult | 31-45 Adult | 46-61 Mature Adult | 62 and Over - Retirement | Total |
|---|---|---|---|---|---|---|---|---|---|---|
| Aged with Impairments | | | | | | | | | | |
| Blind and Visually Handicapped | | | | | | 8 | 1 | 1 | | 10 |
| Deaf and Hard of Hearing | | | | | | 2 | | | | 2 |
| Deaf-Blind | | | | | | | | | | |
| Drug Problems | | | | | | | | | | |
| Learning Disabilities | | | | | | | | | | |
| Mentally Retarded - Trainable | | | | 2 | 3 | | | | | 5 |
| Mentally Retarded - Educable | | | | | | | | | | |
| Physically Handicapped | | | 1 | 2 | 17 | 77 | 38 | 7 | | 142 |
| Speech and Communication Impairments | | | | | | | | | | |
| Social Offenders - Adult | | | | | | | | | | |
| Social Offenders - Youth | | | | | | | | | | |
| Other Health Impairments | | | | | | | | | | |
| Students at 2 Orthopedically Handicapped Schools/Physically Handicapped | | | | 37 | 63 | | | | | 100 |
| | | | | | | | | | | 259 |

Specific Category: This category was submitted when participants could be identified by age and specific disability.

| Part B | 0-2 Infant | 2-4 Pre-school | 6-12 Elementary Age | 13-15 Junior High | 16-19 High School | 20-30 Young Adult | 31-45 Adult | 46-61 Mature Adult | 62 and Over - Retirement | Total |
|---|---|---|---|---|---|---|---|---|---|---|
| Amputees | | | | | | | 2 | 1 | | 3 |
| Autistic | | | | | | | | | | |
| Blind and Visually Impaired | | | | | | 8 | 1 | | 1 | 10 |
| Deaf and Hard of Hearing | | | | | | 2 | | | | 2 |
| Deaf-Blind | | | | | | | | | | |
| Diabetic | | | | | | 1 | 2 | | | 3 |
| Epileptic | | | | | 2 | 4 | 1 | | | 7 |
| Heart Related Illness/Impairment | | | | | | | | | | |
| Homebound (Home Care) | | | | | | | | | | |
| Learning Impaired | | | | | | | | | | |
| Mentally Ill | | | | | | | | | | |
| Mentally Retarded | | | | | 2 | 3 | | | | 5 |
| Multiple-Severely Handicapped | | | | | | 5 | 2 | | | 7 |
| Multiple Sclerosis | | | | | | | 5 | 1 | | 6 |
| Muscular Dystrophy | | | 1 | | | 3 | | | | 4 |
| Neurologically Impaired | | | | | | 3 | 8 | 3 | | 14 |
| Orthopedically Impaired | | | | | 2 | 10 | 2 | | | 14 |
| Paraplegics/Quadraplegics | | | | | | 15 | 15 | | | 30 |
| Perceptual Impairment | | | | | | | | | | |
| Respiratory Illness | | | | | | | | 1 | | 1 |
| Severely (Multi) Handicapped | | | | | | | | | | |
| Social Offenders | | | | | | | | | | |
| Spinal Bifida | | | | | | 3 | 1 | | | 4 |
| Speech Impaired | | | | | | | | | | |
| Other Post-Polio | | | | | | 5 | 10 | | | 15 |
| Other Cerebral Palsy | | | | 2 | 11 | 9 | 2 | 1 | | 25 |
| Other Fredericks Ataxia | | | | | | 4 | | | | 4 |
| Other Hemophilia | | | | | | 2 | | | | 2 |

We do not have specific programs for these disabilities; but rather is the more specific breakdown of the various disabilities that persons have that participate in our program.

III. Objectives/Goals

The outcomes relate to the overall philosophy and goals toward the handicapped program and services within this agency. The indication of the level of concern is in regard to the program outcomes.

| | ← Level of Concern → | | | |
|---|---|---|---|---|
| ← Program Outcome Handicapped Programs → | Very High | High | Moderate Concern | Is of no Concern |
| For Fun and Enjoyment | X | | | |
| For Activity Skill Acquisition | | X | | |
| For Career Education | | | | X |
| For Physical Rehabilitation | | | X | |
| For Equality of Opportunity | X | | | |
| For Normalization | X | | | |
| For Social Skill Acquisition | | | X | |
| For Physical Fitness | | X | | |
| For Independent Living | X | | | |
| For Leisure Fulfillment | X | | | |
| For Self-Expression | | X | | |
| For Cultural Enrichment | | | X | |
| Other (Please describe:) open new areas of recreation; which were not considered feasible before | X | | | |

IV. Philosophy

The circled response indicates the agency's level of agreement with each of the following statements.

| Statements | Agree 5 | 4 | 3 | 2 | Disagree 1 |
|---|---|---|---|---|---|
| 1. Recreation programs for the handicapped should be considered basic to a total recreation program. | (5) | 4 | 3 | 2 | 1 |
| 2. Evaluation procedures of a recreation program should include input in the process handicapped representations. | (5) | 4 | 3 | 2 | 1 |
| 3. Recreation programs for the handicapped require professionally trained staff personnel. | 5 | 4 | 3 | (2) | 1 |
| 4. Our recreation agency recognizes a need for a statewide Therapeutic Recreation Specialist for consultation with community recreation agencies. | 5 | 4 | (3) | 2 | 1 |
| 5. The handicapped citizenry of a community have the right to consistent availability of recreation and leisure services. | (5) | 4 | 3 | 2 | 1 |
| 6. Recreation programs for the handicapped are more costly than "normal" recreation program activities. | (5) | 4 | 3 | 2 | 1 |
| 7. Insurance is a "barrier" to the initiation of recreation programming for the handicapped. | (5) | 4 | 3 | 2 | 1 |
| 8. It is important that recreation and park professionals take action to remove architectural barriers from their present facilities and require future facilities to be barrier-free. | (5) | 4 | 3 | 2 | 1 |
| 9. There exist some direct values to having consumer input thru handicapped people in recreation planning and design. | (5) | 4 | 3 | 2 | 1 |
| 10. At this time, there are no specific federally funded programs for the provision of actual recreation services to the handicapped. | No answer submitted | | | | |
| | 5 | 4 | 3 | 2 | 1 |

| | | | | | | |
|---|---|---|---|---|---|---|
| 11. | In many instances, existing municipal recreation and park personnel can adequately conduct and supervise recreation programs for the handicapped. | 5 | (4) | 3 | 2 | 1 |
| 12. | Recreation programs for the handicapped are best provided in a segregated manner--that is separate activities and facilities for the handicapped. | 5 | 4 | 3 | 2 | (1) |
| 13. | Recreation has the potential to promote positive change--that is it has the potential to be "therapeutic." | (5) | 4 | 3 | 2 | 1 |
| 14. | At the present time, local, state and federal funding assistance is sufficient to meet handicapped programming needs. | 5 | 4 | 3 | 2 | (1) |
| 15. | When designing recreation programs for the handicapped, integrated programs are best--those that combine handicapped and non-handicapped participation. | 5 | (4) | 3 | 2 | 1 |
| 16. | The involvement of municipal recreation agencies to research activity is important. | 5 | 4 | 3 | (2) | 1 |
| 17. | The present city government recognizes fully the importance of recreation and leisure fulfillment for its citizens and the community at large. | 5 | 4 | 3 | 2 | (1) |
| 18. | Recreation programs for the handicapped should be considered <u>supplemental</u> to the total recreation program. | 5 | 4 | 3 | 2 | (1) |
| 19. | Activity programs for the handicapped often require expenditure outlays for special recreational equipment. | 5 | (4) | 3 | 2 | 1 |
| 20. | Overcoming mis-perceptions and attitude barriers is often needed when initiating a recreation program for the handicapped. | (5) | 4 | 3 | 2 | 1 |

Additional issues, problems and their level of concern.

| | | | | | | |
|---|---|---|---|---|---|---|
| 21. | Transportation is a major barrier to disabled people wanting recreation. Providing transportation is integral in meeting needs of the disabled. | (5) | 4 | 3 | 2 | 1 |
| 22. | Maintaining consistent and constant number of volunteer able bodied assistants. | (5) | 4 | 3 | 2 | 1 |
| 23. | With special barriers removed and acknowledged in regard to special recreation - disabled people can take part in regular city programs. | (5) | 4 | 3 | 2 | 1 |
| 24. | Many special recreation programs emphasize passive activities with no possibility of allowing the participants to choose more physically active programs. | (5) | 4 | 3 | 2 | 1 |
| 25. | Concept of "therapeutic" recreation is demeaning to disabled persons because it implies that recreation must have additional value if its for the disabled. | (5) | 4 | 3 | 2 | 1 |

V. Consumerism

The consumer involvement in decision making through this service is indicated below.

| | Serve on General Recreation or Park Commission | | Serve on Special Advisory or Policy Committee or Board for Handicapped Persons | |
|---|---|---|---|---|
| | Yes | No | Yes | No |
| Handicapped youth | | | X | |
| Handicapped adults | | | X | |
| Parents/Relatives of Handicapped | | | | X |
| Advocates for Handicapped | | | X | |
| Voluntary Health Agency Representatives | | | | X |
| Professional Rehabilitation Representatives | | | | X |

Description of other consumerism and advocacy activities related to the program for handicapped.

Planning and evaluation sessions are held monthly. These meetings are designed to keep the direction of the program and its policies open to the participants. As well as participants, these meetings are open to all volunteers, staff and interested persons.

The Board of Directors consists of disabled individuals. At the schools disabled persons serve as role models and lead the program.

VI. Funding

Below is information on the budget for the current fiscal year, or the most recent year available. In some cases figures are approximate.

A. The total budget/expenditures for the Program for Handicapped during the current fiscal year is _____ $ 25,550

B. The major sources of funds which make up this budge are the following:

| | |
|---|---|
| City parks and recreation funds | $ |
| Local school district funds | $ |
| Other city agency/department funds | $ 25,550 |
| County source of funds | $ |
| Special district funds | $ |
| State grants | $ |
| Federal grants | $ |
| Contributions, donations | $ |
| Concessions | $ |
| Fees & Charges | $ |
| Other | $ |
| Total | $ 25,550 |

C. Information on the sources of Federal and State public funds. These can be used to gain insight into means developed to provide support for leisure services for the handicapped.

| | SOURCE OF FUNDS | AMOUNT | TYPE POPULATION SERVED | NUMBER SERVED |
|---|---|---|---|---|
| Federal | | | | |
| State | | | | |
| County | | | | |
| Local | Community Agency Funding (Berkeley Gen. Fund) | $17,000 | Physically Disabled | 70/week |
| | Community Action Prog. (Berkeley Special Fund) | $ 8,550 | Physically Disabled at orthopedically handicapped schools | 65/week |

IX. Staff Development Training

Staff personnel involved and the training topics presently conducted in this agency. Also, recommended status.

| Participants in Staff Development | Presently Conducted | | | | | | | | | | | Recommended | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Orientation (Agency Policy/Philosophy, etc) | Administrative/ Management Skills | Program Activity Skills | Support Services | Special Equipment Needs | Safety/First Aid Procedures | Physical Barriers | Attitudinal Barriers | Leadership Training | Other Topics (Fill In) | | Orientation (Agency Policy/Philosophy, etc) | Administrative/ Management Skills | Program Activity Skills | Support Services | Special Equipment Needs | Safety/First Aid Procedures | Physical Barriers | Attitudinal Barriers | Leadership Training | Other Topics (Fill In) | |
| Consultant | | | | | | | | | | | | | | | | | | | | | | |
| Board Members | | | | | | | | | | | | | | | | | | | | | | |
| Administrator | | | | | | | | | | | | | | | | | | | | | | |
| Supervisor | X | | X | | | | | | | | | | | | | | | X | | | | |
| Leader | | | | | | | | | | | | | | | | | | | | | | |
| Aide | X | | X | | | | | | | | | | | | | | | X | | | | |
| Volunteer | X | | X | | | | | X | | | | | | | | | | X | | | | |
| Other_____ | | | | | | | | | | | | | | | | | | | | | | |

VII. Budget Information

No response given.

VIII. Personnel

This relates to the number and type of staff utilized in program delivery for handicapped children and youth; the number and type recommended for their present situation; and the employment of handicapped individuals.

Key Terms: Full-Time - Staff Individuals whose responsibilities are concentrated on handicapped programs.
Part-Time - Staff individuals whose responsibilities are partially concentrated on handicapped programs; or staff employed for handicapped programs on a percentage of time basis. (½ time; ¼ time)

| | ← Actual Staffing Pattern Present → | | | | | | | | | | | | | | ← Recommended Staffing Pattern → | | | | | | | | | | | | Handicapped Individuals Employed | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| -Job Descriptions-- | Total Number Employed Full-Time | Total Number Employed Part-Time | Education Preparation Possessed: Less than High School | High School | A.A. | B.A. or B.S. | M.A. or M.S. | Ed.D. or Ph.D. | Experience Level Possessed: 0-1 Year | 1-3 Years | 3-5 Years | 5-8 Years | 8-Over Years | | Total Number Employed Full-Time | Total Number Employed Part-Time | Education Preparation Recommended: Less than High School | High School | A.A. | B.A. or B.S. | M.A. or M.S. | Ed.D. or Ph.D. | Experience Level Recommended: 0-1 Year | 1-3 Years | 3-5 Years | 5-8 Years | 8-Over Years | | Total Number Employed Full-Time | Total Number Employed Part-Time |
| Consultant | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Administrator | 2 | | | | | 2 | | | 2 | | | | | | 2 | 1 | | | | 3 | | | 3 | | | | | | 1 | |
| Supervisor (TR Specialist)* | | 3 | | 3 | | | | | 3 | | | | | | | 3 | | 3 | | | | | 3 | | | | | | | |
| Leader (TR Worker)* | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Aide II (TR Technician)* | | 2 | | 2 | | | | | 2 | | | | | | | 2 | | 2 | | | | | 2 | | | | | | | |
| Aide I (TR Assistant) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Volunteer | 50 | | | | | 50 | | | 50 | | | | | | | | | | | | | | | | | | | | | |

-11-

16

(college students account for 80%)

attitude and special skills most important (WSI,etc)

*Titles in parenthesis are nomeclature of National Therapeutic Recreation Society's Registration Levels.

17

X. Interagency Coordination

Identification of those agencies with which the model coordinates programs and services and the type of coordination utilizing the following code.

"1" - Formal written agreement
"2" - Informal agreement, frequent coordination
"3" - Information agreement, infrequent coordination
"4" - No coordination utilized

| | | Clients/Participants | Contracted Programs | Equipment | Facilities | Monetary/Fund Support | Personnel-Consultant | Personnel-Supervisor | Personnel-Leaders | Personnel-Volunteers | Public Information | Training | Transportation | Other: | Other: | Other: |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **Voluntary Health Agencies** | | | | | | | | | | | | | | | | |
| Arthritis | | | | | | | | | | | | | | | | |
| Blind | 2 | X | | | | | | | | | X | | | | | |
| Cancer | | | | | | | | | | | | | | | | |
| Cerebral Palsy | 3 | X | | | | | | | | | X | | | | | |
| Deaf | | | | | | | | | | | | | | | | |
| Epilepsy | | | | | | | | | | | | | | | | |
| Heart | | | | | | | | | | | | | | | | |
| Mentally Ill | | | | | | | | | | | | | | | | |
| Mentally Retarded | | | | | | | | | | | | | | | | |
| Muscular Dystrophy | | | | | | | | | | | | | | | | |
| Multiple Sclerosis | 3 | X | | | | | | | | | X | | | | | |
| Other: Easter Seals | 3 | X | | | | | | | | | X | | | | | |
| Other: | | | | | | | | | | | | | | | | |
| **General Social/Rehabilitation Services** | | | | | | | | | | | | | | | | |
| Goodwill Industries | | | | | | | | | | | | | | | | |
| Red Cross | | | | | | | | | | | | | | | | |
| United Fund | | | | | | | | | | | | | | | | |
| Other: | | | | | | | | | | | | | | | | |
| Other: | | | | | | | | | | | | | | | | |
| **Public Social/Rehabilitation Services** | | | | | | | | | | | | | | | | |
| Local Education Agencies | 1 | X | X | | | | | | | | | | | | | |
| State Education Agencies | 2 | X | X | | | | | | | | X | | | | | |
| Mental Retardation-State Service | | | | | | | | | | | | | | | | |
| Mental Illness - State Service | | | | | | | | | | | | | | | | |
| Corrections - State Service | | | | | | | | | | | | | | | | |
| Nursing Home/Convalescent | 2 | X | | | | | | | | | | | | | | |
| Extended Care/Board and Care | | | | | | | | | | | | | | | | |
| Aging-State Service | | | | | | | | | | | | | | | | |
| Vocational Rehabilitation | 3 | X | | | | | | | | | X | | | | | |
| Crippled Children | | | | | | | | | | | | | | | | |
| Other: Cntr. for Indepentd Living | 2 | X | | | X | | | | | | X | | X | | | |
| Other: Dept. of Welfare | 3 | X | | | | | | | | | x | | | | | |
| **Medical/Rehabilitation** | | | | | | | | | | | | | | | | |
| Community Hospital | 3 | X | | | | | | | | | | | | | | |
| Rehabilitation Center | 3 | X | | | | | | | | | | | | | | |
| General Medical Facility | 3 | X | | | | | | | | | | | | | | |

XI. Public Information

This information relates to the type and frequency of public information methods utilized by this program/service.

| ← Methods Utilized → | Do You Utilize | | ← Frequency → | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| | Yes | No | Once a Day | Once a Week | Once a Month | Once a Quarter | Once a Half-Year | Once a Year | At selected intervals throughout the year. |
| Annual Report | | | | | | | | | |
| Brochures | | | | | | | | | |
| Bulletins (churches, volunteer agencies, etc. | | | | | | | | | |
| Calendars | X | | | X | X | | | | X |
| Handbills or Posters | X | | | | | | | | X |
| Newsletters | X | | | | X | | | | |
| Newspaper Releases or Columns | X | | | | | | | | X |
| Radio Releases | X | | | | | | | | X |
| Televsion Releases or Programs | X | | | | | | | | X |
| Other: | | | | | | | | | |
| General information mailed when requested | X | | | | | | | | X |
| General information given when giving a tour of the Center for Independent Living | X | | X | | | | | | |
| | | | | | | | | | |

XII. Handicapped Find

Potential Participant Identification: Methods used to locate individuals eligible to participate in the special populations program/service.

| | Utilize | | Frequency of Mechanism Use | | | | | Effectiveness | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | Yes | No | Continuous | Weekly | Monthly | Yearly | Randomly Throughout Year | Very Effective | Effective | Ineffective |
| Church Groups | | X | | | | | | | | |
| Civic Organizations | | X | | | | | | | | |
| Community Education | X | | | | | | | | | |
| Health Agencies | X | | X | | | | | | X | |
| Local Task Force | | X | | | | | | | | |
| Media Campaign (Radio & TV) | X | | X | | | | | | X | |
| Printed Material (Brochures & Pamphlets) | X | | X | | | | | X | | |
| Public School System | | X | | | | | | | | |
| Questionnaire to General Community | | X | | | | | | | | |
| Questionnaire to Present Participants | X | | | | X | | | | X | |
| Telephone Contacts | X | | X | | | | | | | |
| Voluntary Agencies | X | | X | | | | | | X | |
| Word-of-Mouth | X | | X | | | | | X | | |
| Other Center for Indepent Living | X | | X | | | | | X | | |
| Hospital & Rehabilitation Facilities | | | X | | | | | | X | |
| Dept. of Rehab. & Dept. of Welfare | | | X | | | | | | X | |

Other: These groups have posters about BORP and receive our newsletter.

XIII. Special Problems Areas

The respondent reported their experience on these common areas of program obstacles.

| Problem Areas | This was a problem in providing service | | The agency has solved this problem | |
|---|---|---|---|---|
| | Yes | No | Yes | No |
| Architectural barriers | X | | X | |
| Transportation for participants | X | | X | |
| Insurance for staff, participants, volunteers | X | | X | |
| Staff and Indirect barriers | | X | | |
| Community attitudinal barriers | | X | | |
| Locating or finding handicapped | X | | | X |
| Inadequate funding for programs | X | | | X |
| Training of staff to serve handicapped | | X | | |
| Employment of handicapped in Recreation and Leisure Service | | X | | |

Efforts and success in eliminating any of the above problems or other special problems.

There is only one indoor pool that is wheelchair accessible. This severely limits certain flexibility in our program. When the water and air temperature was too low for the participants, we were left no other possibilities as far as a pool was concerned. Facilities for other programs tend not to be as specialized as a pool and we have not had any problems.

The public transportation in Berkeley is not wheelchair accessible (with the exception of the Bay Area Rapid Transit which has limited service and does not operate at night). The Center for Independent Living is a services and advocacy center for the disabled. They run an accessible transportation service. Some participants use CIL's night time service (dial-a-ride). We also contract with them for the use of the unused vans in the evenings to transport persons to our program. With the support of CIL we are able to alleviate the problem of accessible transportation.

However, we feel that we have only partially solved this problem. Limited accessible public transportation to BORP programs is the major reason participants are unable to become involved with the programs we offer.

There are people in Oakland and those who are outside of the CIL target area that cannot get to our programs. All of our activities are free and transportation and attendant care is offered. There are seven persons on staff, with only one of these being full time. With the exception of the swim program all classes are taught by volunteers and we utilize a core of about 30 volunteers to provide assistance and attendant care at all of our programs. In regard to financial support we are operating on a very small budget. The persons who have been the hardest disabledto locate have been those shut-in their homes. They often are not in contact with the same resources that BORP is.

There are basically no community attitudinal barriers. However, it must be made clear that this program was initiated by members of Berkeley's disabled community - whereas the city itself did not take direct responsibility.

XIV. Program

The following six pages are related to the activity structure of the program/service. Each page is divided into two sections - one dealing with the age group the program is concerned with and the second dealing with the frequency with which each activity is offered.

| | Currently Offer this Program/ Activity | | Group Served by Program/Activity | | | | | | Frequency that Program/Activity is Offered | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Yes | No | Pre-School (0-5) | School-Aged (6-12) | Teen (13-19) | Young Adult (20-35) | Adult (36-62) | Senior Citizen (63+) | Daily | Weekly | Monthly | Yearly | Other Bi-weekly | | | |
| **Aquatics** | | | | | | | | | | | | | | | | |
| - Life Saving | | X | | | | | | | | | | | | | | |
| - Swimming - Instructional | X | | X | X | X | X | X | X | | | | | X | | | |
| - Swimming - Free | X | | X | X | X | X | X | X | | | | | X | | | |
| - Water Sports | | | | | | | | | | | | | | | | |
| - Water Safety | | | | | | | | | | | | | | | | |
| - Other: _____ | | | | | | | | | | | | | | | | |
| - Other: _____ | | | | | | | | | | | | | | | | |
| **Crafts** | | | | | | | | | | | | | | | | |
| - Floral Crafts | | X | | | | | | | | | | | | | | |
| - Leather Crafts | | X | | | | | | | | | | | | | | |
| - Mechanical Crafts | | X | | | | | | | | | | | | | | |
| - Metal Crafts | | X | | | | | | | | | | | | | | |
| - Paper Crafts | | X | | | | | | | | | | | | | | |
| - Wood Crafts | | X | | | | | | | | | | | | | | |
| - Handicrafts | | X | | | | | | | | | | | | | | |
| - Other: _____ | | | | | | | | | | | | | | | | |
| - Other: _____ | | | | | | | | | | | | | | | | |
| **Cultural/Ethnic** | | | | | | | | | | | | | | | | |
| - Festival | | X | | | | | | | | | | | | | | |
| - Exhibits/Demonstrations | | X | | | | | | | | | | | | | | |
| - Other: _____ | | | | | | | | | | | | | | | | |
| - Other: _____ | | | | | | | | | | | | | | | | |
| **Arts-Graphics** | | | | | | | | | | | | | | | | |
| - Art Appreciation | | X | | | | | | | | | | | | | | |
| - Art exhibit-shows | | X | | | | | | | | | | | | | | |
| - Drawing | | X | | | | | | | | | | | | | | |
| - Painting | | X | | | | | | | | | | | | | | |
| - Photography | | X | | | | | | | | | | | | | | |
| - Sculpture | | X | | | | | | | | | | | | | | |
| - Other: _____ | | | | | | | | | | | | | | | | |
| - Other: _____ | | | | | | | | | | | | | | | | |

| | Currently Offer this Program/Activity | | Group Served by Program/Activity | | | | | | Frequency that Program/Activity if Offered | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Yes | No | Pre-School (0-5) | School-Aged (6-12) | Teen (13-19) | Young Adult (20-35) | Adult (36-62) | Senior Citizen (63+ | Daily | Weekly | Monthly | Yearly | Other 4 week class | | |
| **Dance** | | | | | | | | | | | | | | | |
| - Ballet | | X | | | | | | | | | | | | | |
| - Ethic | | X | | | | | | | | | | | | | |
| - Folk | | X | | | | | | | | | | | | | |
| - Modern | X | | | | X | X | X | | | | | | X | | |
| - Record Dance | | X | | | | | | | | | | | | | |
| - Social | | X | | | | | | | | | | | | | |
| - Square | | X | | | | | | | | | | | | | |
| - Other: "Wheelie" Demonstrations | X | | | | | | | | | | | X | | | |
| **Drama** | | | | | | | | | | | | | | | |
| - Children's Theater | | X | | | | | | | | | | | | | |
| - Community Theater | | X | | | | | | | | | | | | | |
| - Creative Character | | X | | | | | | | | | | | | | |
| - Pageants | | X | | | | | | | | | | | | | |
| - Readings - Poetry/Prose | | X | | | | | | | | | | | | | |
| - Stage Craft | | X | | | | | | | | | | | | | |
| - Puppetry | | X | | | | | | | | | | | | | |
| - Radio/TV | | X | | | | | | | | | | | | | |
| - Talent Shows | | X | | | | | | | | | | | | | |
| - Other: | | | | | | | | | | | | | | | |
| - Other: | | | | | | | | | | | | | | | |
| **Career Education/Guidance** | | | | | | | | | | | | | | | |
| - Community Based Recreation | X | | | | | | | | | X | | | | | |
| - Leisure Entertainment and Enterprises | | X | | | | | | | | | | | | | |
| - Resource Based Recreation | | X | | | | | | | | | | | | | |
| - Tourism and Hospitality | | X | | | | | | | | | | | | | |
| - Career Guidance | | X | | | | | | | | | | | | | |
| - Career Placement | | X | | | | | | | | | | | | | |
| - Other: | | | | | | | | | | | | | | | |
| - Other: | | | | | | | | | | | | | | | |
| **Collecting and Hobbies** | | | | | | | | | | | | | | | |
| - Collecting | | X | | | | | | | | | | | | | |
| - Hobbies | | X | | | | | | | | | | | | | |
| - Other: | | | | | | | | | | | | | | | |
| - Other: | | | | | | | | | | | | | | | |

| | Currently Offer this Program/Activity | | Group Served by Program/Activity | | | | | | Frequency that Program/Activity if Offered | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Yes | No | Pre-School (0-5) | School-Aged (6-12) | Teen (13-19) | Young Adult (20-35) | Adult (36-62) | Senior Citizen (63+) | Daily | Weekly | Monthly | Yearly | Other 4 week class | | |
| **Educational Activities** | | | | | | | | | | | | | | | |
| - Budget/Monetary Skills | | | | | | | | | | | | | | | |
| - Communication Skills | | | | | | | | | | | | | | | |
| - Cooking Skills | X | | | | | | | | | | | | X | | |
| - Grooming/Hygiene | | | | | | | | | | | | | | | |
| - Sex Education | | | | | | | | | | | | | | | |
| - Shopping Skills | | | | | | | | | | | | | | | |
| - Time Skills | | | | | | | | | | | | | | | |
| - Travel Skills | | | | | | | | | | | | | | | |
| - Other: _____ | | | | | | | | | | | | | | | |
| - Other: _____ | | | | | | | | | | | | | | | |
| **Entertainment** | | | | | | | | | | | | | | | |
| - Radio | | X | | | | | | | | | | | | | |
| - TV | | X | | | | | | | | | | | | | |
| - Theater | | X | | | | | | | | | | | | | |
| - Sport in Event | | X | | | | | | | | | | | | | |
| - Other: _____ | | | | | | | | | | | | | | | |
| - Other: _____ | | | | | | | | | | | | | | | |
| **Fitness** | | | | | | | | | | | | | | | |
| - Exercise Program | X | | | | | | | | | X | | | | | |
| - Weight Program | X | | | | | | | | | X | | | | | |
| - Jogging | | X | | | | | | | | | | | | | |
| - Mobility Training | | X | | | | | | | | | | | | | |
| - Gymnastics | X | | | | | | | | | X | | | | | |
| - Other: _____ | | | | | | | | | | | | | | | |
| - Other: _____ | | | | | | | | | | | | | | | |
| **Games** | | | | | | | | | | | | | | | |
| - Card Games | | X | | | | | | | | | | | | | |
| - Board Games | | X | | | | | | | | | | | | | |
| - Puzzles | | X | | | | | | | | | | | | | |
| - Other: _____ | | | | | | | | | | | | | | | |
| - Other: _____ | | | | | | | | | | | | | | | |
| **Leisure Education** | | | | | | | | | | | | | | | |
| - Skills Classes | X | | | | | | | | | | | | X | | |
| - Leisure Education Classes | | X | | | | | | | | | | | | | |
| - Survey Community Resources | | X | | | | | | | | | | | | | |
| - Other: _____ | | | | | | | | | | | | | | | |
| - Other: _____ | | | | | | | | | | | | | | | |

| | Currently Offer this Program/Activity | | Group Served by Program/Activity | | | | | | | Frequency that Program/Activity if Offered | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Yes | No | Pre-School (0-5) | School-Aged (6-12) | Teen (13-19) | Young Adult (20-35) | Adult (36-62) | Senior Citizen (63+) | | Daily | Weekly | Monthly | Yearly | Other | Monthly in summer months | 6 week session | |
| **Leisure Settlement (counseling, Guidance** | | | | | | | | | | | | | | | | | |
| - Assessment | | X | | | | | | | | | | | | | | | |
| - Placement | | X | | | | | | | | | | | | | | | |
| - Follow-up | | X | | | | | | | | | | | | | | | |
| - Other: | | | | | | | | | | | | | | | | | |
| - Other: | | | | | | | | | | | | | | | | | |
| **Mental/Literary** | | | | | | | | | | | | | | | | | |
| - Discussion Groups | X | | | | | | | | | | | | | | | X | |
| - Creative Writing | | X | | | | | | | | | | | | | | | |
| - Reading | | X | | | | | | | | | | | | | | | |
| - Correspondence | | X | | | | | | | | | | | | | | | |
| - Other: | | | | | | | | | | | | | | | | | |
| - Other: | | | | | | | | | | | | | | | | | |
| **Music** | | | | | | | | | | | | | | | | | |
| - Choral Groups | | X | | | | | | | | | | | | | | | |
| - Instrumental Groups | | X | | | | | | | | | | | | | | | |
| - Music Appreciation | | X | | | | | | | | | | | | | | | |
| - Festivals | | X | | | | | | | | | | | | | | | |
| - Lessons | | X | | | | | | | | | | | | | | | |
| - Singing | | X | | | | | | | | | | | | | | | |
| - Talent Shows | | X | | | | | | | | | | | | | | | |
| **Outdoor Recreation** | | | | | | | | | | | | | | | | | |
| - Boating | | | | | | | | | | | | | | | | | |
| - Camping | X | | | | | | | | | | | | | X | | | |
| - Fishing | X | | | | | | | | | | | | | X | | | |
| - Gardening | | | | | | | | | | | | | | | | | |
| - Horticulture | | | | | | | | | | | | | | | | | |
| - Hiking/Backpacking | | | | | | | | | | | | | | | | | |
| - Hunting | | | | | | | | | | | | | | | | | |
| - Mountain Climbing | | | | | | | | | | | | | | | | | |
| - Outdoor Education | | | | | | | | | | | | | | | | | |
| - Nature Studies | | | | | | | | | | | | | | | | | |
| - Other: Day trips to parks | X | | | | | | | | | | | X | | | | | |
| - Other: | | | | | | | | | | | | | | | | | |

| | Currently Offer this Program/Activity | | Group Served by Program/Activity | | | | | | Frequency that Program/Activity if Offeres | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Yes | No | Pre-School (0-5) | School-Aged (6-12) | Teen (13-19) | Young Adult (20-35) | Adult (36-62) | Senior Citizen (63+) | Daily | Weekly | Monthly | Yearly | Other | On occassion | 4 week class |
| **Social/Organization** | | | | | | | | | | | | | | | |
| - Church Groups | | X | | | | | | | | | | | | | |
| - Clubs | | X | | | | | | | | | | | | | |
| - Consumer Groups | | X | | | | | | | | | | | | | |
| - Special Interest Groups | | X | | | | | | | | | | | | | |
| - Fraternal Organization | | X | | | | | | | | | | | | | |
| - Parties | X | | | | | | | | | | | | X | | |
| - Picnics | X | | | | | | | | | | X | | | | |
| - Political Groups | | X | | | | | | | | | | | | | |
| - Volunteer Groups | | X | | | | | | | | | | | | | |
| - Other_____ | | | | | | | | | | | | | | | |
| - Other_____ | | | | | | | | | | | | | | | |
| **Special Events** | | | | | | | | | | | | | | | |
| - Birthdays | | X | | | | | | | | | | | | | |
| - Fairs | | X | | | | | | | | | | | | | |
| - Holiday Ceremonies | | X | | | | | | | | | | | | | |
| - Other_____ | | | | | | | | | | | | | | | |
| - Other_____ | | | | | | | | | | | | | | | |
| **Sports, Individual-Competiter** | | | | | | | | | | | | | | | |
| - Bowling | | X | | | | | | | | | | | | | |
| - Golf | | X | | | | | | | | | | | | | |
| - Horseshoes | | X | | | | | | | | | | | | | |
| - Pocket Billiard | | X | | | | | | | | | | | | | |
| - Table Tennis | | X | | | | | | | | | | | | | |
| - Tennis | | X | | | | | | | | | | | | | |
| - Track & Field | X | | | | | | | | | X | | | | | |
| - Wrestling | | X | | | | | | | | | | | | | |
| **Sports, Individual Non-Competitive** | | | | | | | | | | | | | | | |
| - Archery | X | | | | | | | | | | | | | X | |
| - Bicycling | | X | | | | | | | | | | | | | |
| - Horseback Riding | X | | | | | | | | | | | | X | | |
| - Ice Skating | | X | | | | | | | | | | | | | |
| - Rifelry | | X | | | | | | | | | | | | | |
| - Rollar Skating | | X | | | | | | | | | | | | | |
| - Winter Sports | | X | | | | | | | | | | | | | |

| | Currently Offer this Program/Activity | | Group Served by Program/Activity | | | | | | | Frequency that Program/Activity if Offered | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Yes | No | Pre-School (0-5) | School-Aged (6-12) | Teen (13-19) | Young Adult (20-35) | Adult (36-62) | Senior Citizen (63+) | | Daily | Weekly | Monthly | Yearly | Other_____ | | | |
| **Sports, Team - Competitive** | | | | | | | | | | | | | | | | | |
| - Baseball | | X | | | | | | | | | | | | | | | |
| - Basketball | | X | | | | | | | | | | | | | | | |
| - Football | | X | | | | | | | | | | | | | | | |
| - Field Hockey | | X | | | | | | | | | | | | | | | |
| - Soccer | | X | | | | | | | | | | | | | | | |
| - Softball | | X | | | | | | | | | | | | | | | |
| - Volleyball | | X | | | | | | | | | | | | | | | |
| - Other_____ | | | | | | | | | | | | | | | | | |
| - Other_____ | | | | | | | | | | | | | | | | | |
| **Tourism and Travel** | | | | | | | | | | | | | | | | | |
| - Outings | X | | | | | | | | | | | | | | | | |
| - Hosteling | | X | | | | | | | | | | | | | | | |
| - Out-of-state Travel | | X | | | | | | | | | | | | | | | |
| - International Travel | | X | | | | | | | | | | | | | | | |
| - Special Olympics | | X | | | | | | | | | | | | | | | |
| - Other Wheelchair Games | X | | | | | | | | | | | | | | | | |
| - Other_____ | | | | | | | | | | | | | | | | | |
| **Voluntary Service** | | | | | | | | | | | | | | | | | |
| - Leisure Leader Activities | | X | | | | | | | | | | | | | | | |
| - Community Activities | | X | | | | | | | | | | | | | | | |
| - Teacher/Tudor | | X | | | | | | | | | | | | | | | |
| - Conversing | | X | | | | | | | | | | | | | | | |
| - Other_____ | | | | | | | | | | | | | | | | | |
| - Other_____ | | | | | | | | | | | | | | | | | |

XV. Facilities

The major facilities utilized by the special populations recreation program.

Primary facilities owned, controlled or directed by public agencies, ie., recreation center, school, musuem, etc.

1. Berkeley High School pool
2. Center for Independent Living
3. University of California
4. City of Berkeley recreation centers
5. City of Berkeley libraries
6. Regional, state and national parks

Primary facilities privately owned, controlled or directed, ie., bowling alleys, theaters, etc.

1. Indoor archery range

XVI. Assessment/Evaluation/Accountability

These procedures are used for assessment, evaluation, and accountability in the program and service by and of participants, of personnel, of programs, of activities and/or of methods.

1. We can assess a program's success often times by the number of persons participating in the activity.
2. An evaluation form is used for each program and the program's success is assessed by the participants, the instructor and the program coordinators.
3. Monthly project status reports are used by the City of Berkeley (our funding source) to assess the program's success. The division of Program Development and Contract Administration submits an annual evaluation of services to the city manager as part of the re-funding process.

XVII. Additional Comments/Suggestions

No reply given.